



Health Coverage

Health Insurance 101: Let's Talk About It

Wouldn't it be nice to sit down with someone and ask all your questions about health insurance?

- What is it?
- Why should I have it?
- Which program do I qualify for?
- How do I sign up?
- What if I have different immigration status in my household?

Join us in a safe, welcoming space where you can ask every question you've ever had about health insurance in Colorado. Completely free to participate! You must commit to attending all sessions.

No question is too simple. No question is "dumb."

It's time to understand your coverage and take care of your health. Let's talk.

We are looking for up to 10 participants to join this small-group learning series.

If you are interested, please sign up here:

[GCRHN - Health Insurance Learning Series Registration – Fill out form](#)

We will meet once a week and explore a different topic each session. Everyone is welcome.

Who should join?

- Anyone who has questions about health insurance
- People who are uninsured or newly insured
- Individuals who want to better understand how coverage works in the U.S.

~ FREE TO PARTICIPATE ~

Please see the class schedule below



Class Session	Session Title	Topics Covered
1	Welcome and Overview	<ul style="list-style-type: none">• What is health insurance and why is it important to have it?• Overview of the ACA/ "Obamacare"• Open Q&A
2	Important Terms You Should Know	<ul style="list-style-type: none">• Premium• Deductible• Copay• Coinsurance• In- Network Providers• Enrollment periods
3	Understanding the Costs	<p>What is a deductible?</p> <ul style="list-style-type: none">• What is coinsurance?• What is the maximum out-of-pocket?• How to estimate what you'll actually pay
4	When Things Go Wrong	<ul style="list-style-type: none">• How to read a medical bill• What to do if a claim is denied• Who the Division of Insurance is• What Doctors Care does• Closing discussion & resources