

GRAND COUNTY RURAL HEALTH NETWORK 2022 IMPACT REPORT



Mission

We work in partnership to advocate for and support the health of our community. We do that by ensuring everyone in our community has what they need to thrive and be healthy.

GCRHN Impact Report



A Letter from the Executive Director

As I reflect back on 2022, the depth of need in our community is greater than anything I've seen in my 25 year career. Every day, our staff and partners see how complex social issues, like lack of affordable housing, transportation, and childcare, impact our clients' ability to live their healthiest lives.

These issues, called social determinants of health (SDOH), have been proven to have a greater impact on an individual's and community's health than genetics or access to health services (Centers for Disease Control 2022). This is why we our 4 Lines of Service focus on supporting our community's health needs now while making bigger systems changes.

In many ways, the Network and our partners are ahead of the times and very innovative. Connecting our 4 lines of services is another example of that innovation. Now, research is showing that convening partners and impacted community members to identify issues and solutions together helps address social determinants of health. This aligns with both our Collective Impact and Community Organizing lines of service.

Using an individual's, organization's, and community's power and connections to influence policy and big picture decisions is also another proven way of addressing SDOH. This is the work we do in our Advocacy line of service. And finally, ensuring that people have services now (Direct Services) while waiting for these long-term changes, and contributing to the local data, closes the loop on how organizations can address SDOH. Our 4 lines of service are now evidenced-based tools to improve our community's ability to live our healthiest lives.

As always, thank you for helping us do the important work we do. Our work is often behind the scenes or one-on-one, but so essential for the health of our community.

Yours in Health,
Jen Fanning
Executive Director



Social Determinants of Health

Image credit: Centers for Disease Control

Client Highlight:

"Whenever I need something I know who to go to. You help me get it done faster and easier than I ever could have on my own. You have really changed my life - do you know that?"

- Navigation client

2022 Impact



Direct Services

We help people get the care they need within the existing healthcare system.



Rural
Health Network
Healthier Together

We served 731 clients through over 16,050 interactions.

This is nearly a 34% increase in clients served over the past three years.

Over 60% of all clients served were ages 50 and over.

ACHES & PAINS Healthcare Vouchers

We provide timely healthcare access, resulting in less household financial impact. Families can schedule appointments with their preferred local provider around their schedule to reduce work missed and keep healthcare dollars in-county.

- Served **127** adults and children, through **288** total vouchers.
 - **81% of all vouchers were for mental health care.**
- All clients served were at or below Grand County's self-sufficiency level.
 - Our self-sufficiency level is 2-3 *times* the cut-off for most financial assistance programs, leaving a huge gap for hardworking people struggling to make ends meet.
- **19%** of the program clients served report as Hispanic. **9.9%** of Grand County's population self-report as Hispanic/Latinx.
- **92%** of clients surveyed felt they or their children would have missed more work or school if they had not received a voucher.

Patient Navigator

- Our work with **279** clients saved the healthcare system at least **\$140,000**.
- **Almost half** of clients served are over 60 years old.
- **93%** of clients were linked to necessary resources to get the care they need
- Average increase in Patient Activation scores: **9.97** points; 6 is considered excellent. This evidence-based survey assesses clients' ability to self-manage their own care.
- **100% of clients** surveyed would **recommend** our services to others.

Promotora

The Promotora is a part of the Patient Navigator Program. A Promotora is a lay navigator from the Latinx community. Our trilingual Promotora helps clients navigate the health system.

- We increased participation of Hispanic/Latinx and Spanish-speaking client's by **20%**.

Health Coverage Guide

- We provided one-on-one assistance to educate and assist **164** households to enroll in health insurance, through **345** appointments.
- Average cost savings of **\$519.57** per month in Grand County and **\$768.94** per month in Jackson County.
- **29%** of Health Coverage appointments were completed in Spanish.



Community Organizing



Rural Health Network
Healthier Together

We help create movement around issues that matter to our neighbors.
We connect people to opportunities to advocate for change.

Community Leader Group

- Focus areas: **Behavioral Health and Affordable Housing.**
 - **58%** of participants have experienced their own or an immediate family member's mental health challenges.
 - **45%** of participants reported having an income that makes it hard to make ends meet.
- Over **70** people participated in **9** monthly meetings and activities.
- We conducted Voter Registration Drives in Kremmling and Fraser to ensure people could make their vote count.
- We provided **11** leadership and advocacy skills trainings.
- More than **21** Community Leaders participated in at least **9** local or statewide advocacy opportunities.
- We collaborated with **24** partners on the second You Are Not Alone Suicide Awareness and Prevention community hike, with more than **100** attendees.



Collective Impact

We bring partners together to define a problem, create a shared vision, and work to solve it.

Health and Human Resources Coalition (HHRC)

- We facilitated **4** HHRC meetings with at least **18** partners.
- In collaboration with Mind Springs Health, Middle Park Health, and Grand County Public Health, we facilitated a **Community-wide Behavioral Health Strategic Planning** process through 4 meetings with over **46 partner and community participants.**
- We facilitated **11** monthly Navigator Network meetings with **5** partners.

Recovery

- We participated in **11** regional Recovery consortium meetings and **2** work groups.
- We are a public distribution site for harm reduction kits.
 - We distributed at least **22** kits to partners and community members.
 - We distributed **44** doses of Narcan, and **220** Fentanyl tests.

School-Based Health Center

- We applied for and received funding to conduct a needs assessment and planning, if needed, for our most medically vulnerable students.
- Presented the concept at school boards and other community partners.

COVID-19 Efforts

We supported vaccine efforts by giving people evidence-based information to make an informed decision. We offer ACHES & PAINS vouchers for COVID tests.

- We are a public distribution site for rapid tests and masks.
- Distributed more than **1,800** COVID-19 rapid test kits and more than **100** KN/95 surgical masks to partners and community members.



Advocacy



Rural Health Network
Healthier Together

We are a change agent. We speak for or against a cause, policy, or interest. This can be for an individual or community.

- We were appointed to **4** statewide task forces, **1** regional board of directors, and **2** local task forces.
- We connected with state and regional partners to ensure access and choice through the **Colorado Public Option** for Health Insurance.
- We advocated on behalf of members and providers to ensure Bright Health Insurance plans truly supported our community by:
 - Advocating to Bright Health to **pay our providers** in a timely fashion;
 - Educating our community about **how to file a consumer complaint** when Bright Health denied claims;
 - Formally **advocating to the Division of Insurance** to ensure Bright Health pays providers per their contract and provides insurance coverage as stated in the consumer agreement.
- We advocate for:
 - the Rural Voice.
 - Improved Medicaid benefits for members and providers.
 - Enhanced behavioral health services.
 - More affordable health insurance

Changing the Health System Now and in the Future

We are a nimble and responsive organization. The communities of Grand and Jackson Counties have asked our organization to expand or increase services. We are constantly working to meet the community needs.

- The Promotora was based on requests from the community. Now, at least 26% of our direct services population served is Hispanic.
 - 9.7% of Grand and 10% of Jackson County self-reports as Hispanic. This population is medically vulnerable often due to language & cultural barriers, and insurance status.
- Our work in the recovery space has led to the development of the first formal Recovery Coordinator program in our counties, and allowed us to hire a Recovery Coordinator in 2023 as part of the patient navigation team.
- Our Direct Services save the healthcare system money, contribute financially to the local healthcare system, and supports our neighbors living at or below the self-sufficiency level to access care.
- Our Advocacy in the health insurance sector has led to rate reductions for the state and region, making health insurance more affordable.

\$0.83 of every \$1 donated goes to our 4 lines of service.

Industry standard is \$0.75 of every \$1 donated goes to services.

100% of every \$1 donated goes to our impact.

We would like to extend our sincere gratitude to each and every one of our individual donors, volunteers, funders, and corporate sponsors.

Your support makes our community impact possible.

- Thank You -

Funders and Corporate Sponsors

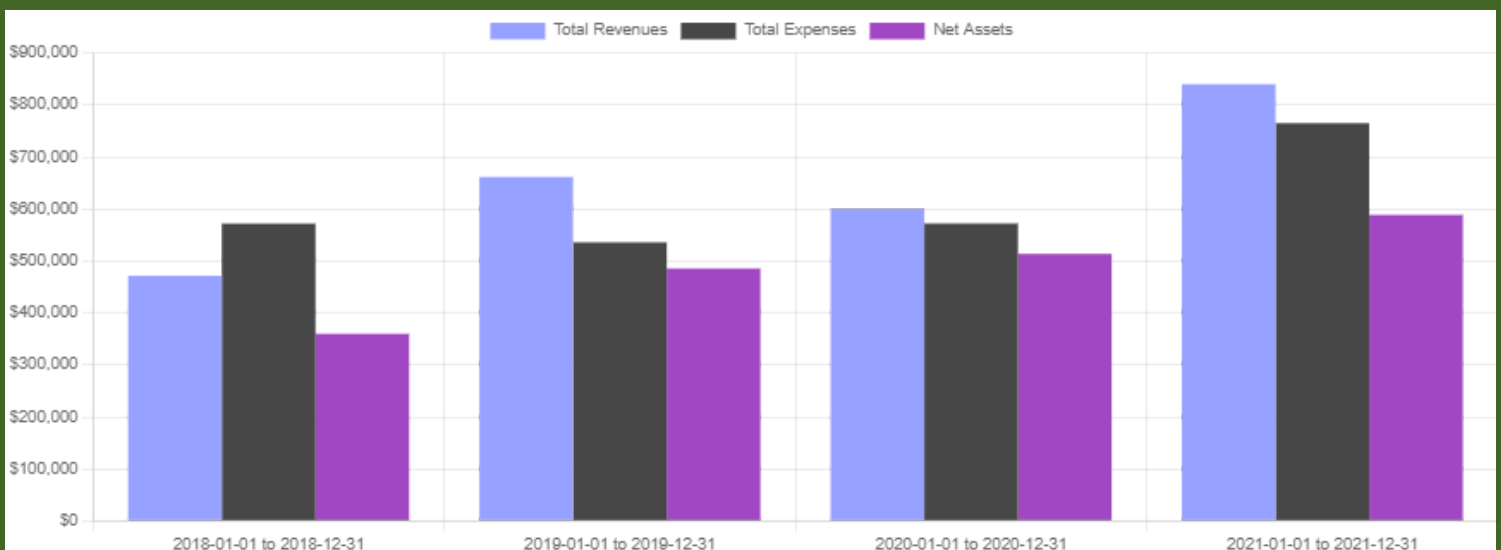
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Grand County Public Health delegate
Amy Brumenschenkel, NP - Board Member
Sue Johnson, MSW, LSW - Board Vice Chair
Jessica Klabak, DDS, MPH - Board Chair & Vice President

Nick Middlebrooks - Board Treasurer
Todd Odegaard, DO - Board Member
Derek Ortner - Board Secretary
Darcy Selenke, MD - Board Member



*These values are based on our annual 990 Tax Returns. 2022 990 Tax Return is not yet complete.

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