

Grand County Rural Health Network 2021 Impact Report



GCRHN Impact Report



A Letter from the Executive Director

2021 was quite a year! Together, we made it through another year of the pandemic. At the Rural Health Network, we continued to shift our work to support evolving needs and vaccine roll-outs. Meanwhile, we served more clients than ever before. And, the team did this work for four months while I was on a sabbatical.

Our team is excited to introduce to you our 4 lines of service. This work is not new to our organization. The way we are talking about it is! We are most known for our Direct Services, such as ACHES & PAINS Vouchers, Patient Navigator, and Health Coverage Guide. But that is only a portion of our work! We also provide Community Organizing, Collective Impact, and Advocacy.

All 4 lines of service work together to create change in the healthcare system - now and in the future. We know that health is more than health care. Other factors, like a person's zip code, income, education, race, gender, age, etc., impact their health MORE than access to care. These are called Social Determinants of Health. Our 4 lines of service help us look at all things that impact a person's - and thus our community's - health. Together, our 4 lines of service work to create change in the system.

Our efforts are deep, and wide, as we serve our individual clients, partners, and community. It is my hope that, as we roll out these 4 lines of service, you will see the impactful work we do at all levels of change.

As always, thank you for helping us do the important work we do. Our work is often behind the scenes or one-on-one, but so essential for the health of our community.

Yours in Health,
Jen Fanning
Executive Director



Social Determinants of Health

Image credit: Centers for Disease Control

Client Highlight:

"Whenever I need something I know who to go to. You help me get it done faster and easier than I ever could have on my own. You have really changed my life - do you know that?"

- Navigation client



Mission

We work in partnership to advocate for and support the health of our community. We do that by ensuring everyone in our community has what they need to thrive and be healthy.

2021 Impact

We served 584 clients through over 14,000 interactions. This is nearly a 34% increase in clients served over the past three years.



Direct Services

We help people get the care they need within the existing healthcare system.

ACHES & PAINS

Program goal is to provide timely healthcare intervention, resulting in less household financial impact. This allows families to schedule appointments around their schedule with their preferred local provider and reduce work missed and keeps healthcare dollars in-county.

- Served 155 adults and children.
 - 78% of all vouchers were for mental health care.
- We covered over \$36,800 in doctor, dental and therapy visits, prescriptions and other medical needs on behalf of our neighbors.
- All clients served were at or below the self-sufficiency level for Grand County. Our self-sufficiency level is 2-3 *times* the cut-off for most financial assistance programs, leaving a huge gap for hardworking people struggling to make ends meet.
- 92% of clients surveyed felt they or their children would have missed more work or school if they had not received a voucher.

Patient Navigator

- Our work with 339 clients saved the healthcare system at least \$140,000.
- Over half of clients served are over 60 years old.
- 97% of clients were linked to necessary resources to get the care they need
- Average increase in Patient Activation scores: 9.97 points; 6 is considered excellent. This evidence-based survey assesses client's ability to self-manage their own care.

Health Coverage Guide

- We provided one-on-one assistance to educate and assist 107 households to enroll in health insurance.
- Average appointment time was 55-70 minutes.

COVID-19 Vaccine Efforts

We supported vaccine efforts by giving people evidence-based information. We gave people the power to make an informed decision.



**Rural
Health Network**
Healthier Together

- We outreached to 1,007 high-risk individuals through 3,791 contacts to ensure access to vaccine
- We coordinated over 75 volunteers through 840 hours to support vaccine clinics Feb - May 2021.
- Our multi-media campaign had over 200 single events providing COVID-19 education and resources.



Community Organizing

We help create movement around issues that matter to our neighbors. We connect people to opportunities to advocate for change.

Community Leader Group

- We engaged over 50 people impacted by mental health or lack of affordable housing.
- We provided 11 leadership and advocacy skills training.
- More than 14 Community Leaders participated in at least 7 local or statewide advocacy opportunities.
- We collaborated with 24 partners on the first-ever community hike for Suicide Awareness and Prevention with more than 200 attendees!



Collective Impact

We bring partners together to define a problem, create a shared vision, and work to solve it.

Health and Human Resources Coalition

- We served as the backbone agency for 27 collaborative meetings.
- We helped support 14 partners to improve 12 categories in our Community-wide Behavioral Wellness Strategic Plan.
- We participated in an additional 58 meetings held by partner agencies focused on collaboration.



Advocacy

We are a change agent. We speak for or against a cause, policy, or interest. This can be for an individual or community.

- We served on 4 statewide task forces, 1 regional board of directors, and 2 local task forces.
- We advocate for:
 - the Rural Voice
 - Improved Medicaid benefits for members and providers
 - Enhanced behavioral health services
 - More affordable health insurance

We would like to extend our sincere gratitude to each and every one of our individual donors, volunteers, funders, and corporate sponsors.

Your support makes our community impact possible.

- Thank You -

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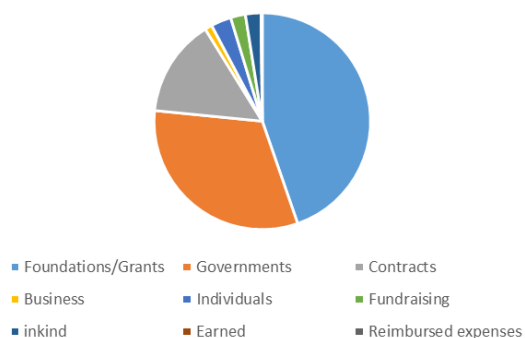
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Sue Johnson, MSW, LSW - Board Vice Chair

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Vice President
Nick Middlebrooks - Board Treasurer
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Revenue Streams



Expenses Distribution

