

Community Leader Group

Sept 16th 2021 Meeting Notes

• **Introductions/Check-in/Updates**

Updates:

- Jen Fanning, Executive Director of GCRHN, returns from her sabbatical in October
- We may skip an upcoming meeting. We are funded to hold 10 meetings per year.

• **Community of Practice**

○ **Advocacy Area 2: Mental Health**

Suicide Awareness Hike:

- Middle Park Health and their Zero Suicide Initiative group - we can't thank enough for planning and funding signage, newspaper ads, memory banner, and the t-shirts. Thanks to all the local community resources that participated, food vendors, and volunteers. We had 150-200 participants. Although not a fundraiser, we raised enough funds to cover 12 therapy sessions.

-CLG paid for the food vendors, wristbands, honor beads, etc.

- Big thanks to Kasy Allen for her time and effort on the healthygrandcounty.org website.

-LaNita Finch helped us out with our GCRHN/Community Leader Group booth.

-Tekoa with GC Public Health provided AcuDetox which was popular.

-The extra wristbands are going to West Grand High School for the TMHFA initiative (Teen Mental Health First Aid).

Suggestions for next year's event: Vanessa suggested promoting the Sky-Hi News' articles completed in 2019 about mental health. She also suggested we consider doing efforts like this more often and the papers running articles once a month. Carl suggested having guest speakers, especially people with lived experience.

● Social media / multi-media awareness campaign:

- Several newspaper articles were published about the hike and suicide in the county.
 - <https://www.skyhinews.com/news/grand-grapples-with-suicide/>
 - <https://www.skyhinews.com/news/200-people-hike-for-suicide-prevention-in-grand-county/>
- Radio interview with Sue Johnson and PSA on KFFR.

- GCRHN did several Facebook posts about suicide signs, the hike, shared news articles.
- Amanda plans to do a few educational posts - CO Crisis hotline can connect with Grand County resources.

- **Advocacy Area 1: Affordable Housing**

- -Power Mapping Activity. CLG looked at the power map together using a solution from the list of issues and solutions created by the group that was reviewed last month. The map is ranked by decision-making power/influence level (vertical plane) and support level (horizontal plane).
- We created these power maps to track who has decision-making power in regards to these issues, who has more or less power to create change?
 - Discussion: how you can use your connections to put any of these solution ideas into action? What can you do? Who is in *your* sphere of influence? If not in *your* direct sphere of influence? do you have a connection to someone else who can broaden that sphere?
 - Together the group discussed who is ‘moveable’. This is a person who may be able to be influenced in one direction or another. Maybe someone who is on the fence. We want to spend our time on the people more so in the middle, people who can be moved.
 - ****We request that you all look the power map to see if there is a person or organization that you might have a connection with to help toward the solutions.**

- **Advocacy Opportunities**

LivingWorks Start Training: one-hour, online, interactive training program that gives you the skills and knowledge to keep family, friends, co-workers, and others safe from suicide. For more info, visit: [LivingWorks-Start-info-sheet.pdf - Google Drive](#). If you are interested in the training, please reach out to Sara Elise. Of note, she plans to take it herself.

State Housing Board: advises the General Assembly, the Governor, and the Division of Housing on Colorado housing needs. The seven-member State Housing Board reviews financing requests, adopts regulations governing factory-built structures and multi-family housing in counties with no building codes. The Board meets the second Tuesday of each month at 1 pm at 1313 Sherman St., Room 318, Denver, CO 80203. (Remote access is available.) This opportunity is to advocate to the Board.

Renter’s Roundtable: Group of organizations who work to pass legislation that is pro-renter. Meets the fourth Tuesday of every month 10:30 am-12 pm. (Remote access is available.) Chaired by Shanon MacKenzie with the Colorado

Poverty Law Project. Her email is shannon@copovertylawproject.org. We can connect you for the remote access meeting.

Gratitude for Grand: Give a High Five for Health: encourage all to participate and tell others about our upcoming virtual fundraiser, Sept. 22-29. Visit gcruralhealth.org/highfive and/or our Facebook.

• **Action Items**

- Sara Elise will invite Pat Coyle, Director of Atlantis Community Inc., to one of our future meetings.
- Amanda will follow up and send the Economic Development survey to the group if it's a public survey.
- Staff will incorporate hike suggestions into the plan.
- Sara Elise to get the advocacy details/information to Irene.
- Sara Elise will send the Power Map to the group.
- **Community Leaders** will review Power Map to discuss at our next meeting
- Please continue to spread the word about the Community Leader Group by continuing to like and share our Facebook posts!

• **Next Meeting:** Thursday, October 21th 2021 6-8pm. Due to the increase in COVID19 cases in the county, all meetings will be virtual only for the foreseeable future.